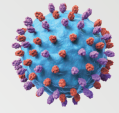


What do you need to know about RSV?



RSV, or respiratory syncytial (sin-SISH-uhl) virus, is a common virus, easily spread by sneezing, coughing, or touching. For babies with certain health conditions, RSV can cause severe disease, including pneumonia or bronchiolitis.

RSV may have symptoms like the common cold or flu, but it can have serious consequences.

Children under 1 year of age are hospitalized from RSV **16x** more often than from the flu.

Are some babies at greater risk for severe RSV disease?

BABIES BORN PREMATURELY ARE AT GREATER RISK

Preemies are born with lungs that are smaller and could not fully develop compared to full-term babies.

This makes it harder for preemie lungs to fight infection.

WHY ARE THE LUNGS OF A PREEMIE SO FRAGILE?



PREEMIES

Premature babies (born at 35 weeks or less) who are 6 months of age or younger at the start of RSV season.

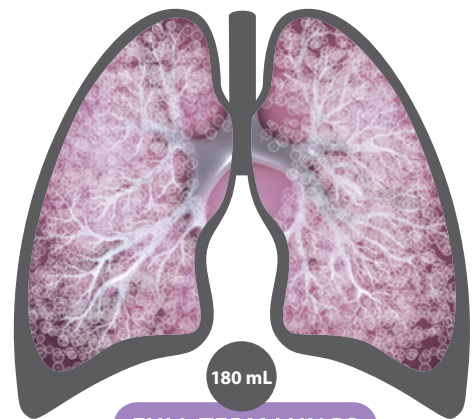
Preemie lungs can hold **ABOUT ~50%** as much air as a full-term baby



93 mL

PREEMIE LUNGS

Babies born at 24-35 weeks gestational age



180 mL

FULL-TERM LUNGS

Babies born at 36 weeks gestational age to 3 years of age

BABIES WITH CERTAIN HEART AND LUNG ISSUES ARE AT GREATER RISK



HEMODYNAMICALLY SIGNIFICANT CONGENITAL HEART DISEASE (OR HS-CHD)

Babies with HS-CHD who are 24 months of age or younger at the beginning of RSV season.



BRONCHOPULMONARY DYSPLASIA/CHRONIC LUNG DISEASE OF PREMATURITY (OR BPD/CLDP)

Babies with BPD/CLDP who are 24 months of age or younger at the beginning of RSV season.

Ask the doctor
if your baby is at high risk for severe RSV disease.

Are there steps you can take to help protect your baby from RSV?



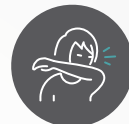
WASH YOUR HANDS
before touching your
baby and ask others
to do the same



**DON'T TOUCH
YOUR EYES, NOSE,
OR MOUTH**
with unwashed hands



**WASH YOUR
BABY'S TOYS,
clothes, and
bedding often**



**COVER YOUR
COUGHS
AND SNEEZES**
with a tissue or your
upper shirt sleeve



**KEEP YOUR BABY
AWAY FROM CROWDS,**
young children, and
avoid close contact
with sick people

WHAT MAY PUT YOUR BABY AT INCREASED RISK?



**HAVING PRESCHOOL
OR SCHOOL AGED
SIBLINGS**



**ATTENDING
DAYCARE
CENTERS**



**CROWDED
ENVIRONMENTS
OR SPACES**



**EXPOSURE TO
SMOKING OR OTHER
POLLUTANTS**

What are the signs and symptoms of severe RSV disease?

IF YOU SEE ANY OF THESE RSV DISEASE WARNING SIGNS, CALL THE DOCTOR RIGHT AWAY:

**COUGHING
OR WHEEZING**
that does not stop

**LABORED OR
HEIGHTENED
BREATHING**

**FLARED NOSTRILS
AND/OR INCREASED
CHEST RETRACTIONS**
when trying to breathe

A BLUISH COLOR
around the mouth
or fingernails

A FEVER, especially if it is
greater than 100.4°F (rectal) in
infants under 3 months of age

Your baby's best defense against RSV is YOU.

Talk to your doctor if you have any questions about RSV or your baby's health.